



## **Charley's Strays, Inc.**

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**[www.charleysstrays.us](http://www.charleysstrays.us)**

Limestone, July, 2014

### *Dear Friends,*

The dog-days are here, and it looks like the moose-days, too! We actually do have a blow-up pool for our dogs at the Shelter, some of the canines love it and spend lots of time in it, and others make a large bow around it. The moose ☺ in the photo are not on our property. Thank God! That would be just a little bit too much to handle.

We have two new dogs at Charley's Strays. These are the ones from the other Clinton shelter, which closed down. Both are around two years old, and both are hounds, a girl and a boy, and both love people and other dogs. Hopefully we can place them quickly. Reb promised to send me some photos and write-ups for the newsletter, but I have not received anything yet. Hopefully by next by month, if not, we will be going to the Shelter in a few weeks to help out, since Reb will be taking one week vacation soon.

Not much happened other than that; it was a fairly quiet and peaceful month at the Shelter.

I will get right to the people news. Maybe I will have enough space at the end to copy an interesting article for you, which I have been saving for awhile.

We received several packages with toys, blankets and chewies, a "spoiled rotten" box from Karen Rapallo, Susan Culver, Jackie and Kellee Lowney and Judy Rohweder. If some of you have mailed a package straight to the shelter, chances are I don't know about it and can't thank you, but be assured that our animals have gotten everything you sent.

We also received a \$300.00 check from Jean Catignani to pay for the first prize at our fundraiser. That takes a load off my chest. In order to sell tickets we have to give a decent "reward" but it's a lot of money for a little shelter.

Thank you very much to Susan, Jackie, Kellee, Karen, Judy and Jean.

And of course a huge **THANK YOU** goes to our supporters who once again kept our animals in food and vet-care:

Albert Smith, Belmont  
Carole Parker, Winchendon  
Cindy Houston, Woburn  
Cristine Cardello, Melrose  
Donna Bering, Wakefield  
Dorothy D'Alessandro, Oss.  
Dorothy Eckstein, Medford  
Enid Hayes, Halifax  
George Hinds, Cambridge  
Grace Kiley, N. Andover  
Inge Maiellano, Marblehead  
Irma Simon, China

Iris Martinello, Tewksbury  
Joseph Blake, New Bedford  
Joseph D'Alessandro, Tuft.  
Joseph Kogut, Upton  
Josephine Smith, Woburn  
Judy Rohweder, Northport  
Kathleen Hillman, Chelmsford  
Linda Merriam, Dresden  
Lynn Frischmann, Los Gatos  
Marcus Nordberg, Topham  
Marian Delarue, Woburn  
Marlene Kaplan, Melrose

Mary-Grace Lenihan, Melrose  
Michael Kane, Greenwood  
Nancy Capone, Wakefield  
Pat Thain, Dracut  
Paula Wisniowski, Tyngsboro  
Philip Mann, Rowland  
R.D. Bournival, Nashua  
Sally Sawyer, Albany  
Sandra Nicholson, Beverly  
Steve Martin, Augusta  
Susan Borsic, Woburn

John Wells also spent several weekends again with Jake in front of stores, advertising for Charley's Strays, dealing with nice and weird people, and collecting money for us. I always get a laugh out of the notes, which accompany his checks. Here is another funny, but at the same time a sad one:

*“. . . I also have in the trunk of my car two huge plastic bags full of empty bottles that someone left by the table while Jake and I were taking a little walk. The usual strange remarks: the man who saw Jake lying asleep beside my chair and asked if he was dead, the woman who explained to her little girl that I was collecting money to buy a place in the shelter for my dog and of course, the lady who just loved dogs and was looking for another one because they just moved a couple of months ago and had to leave behind their old one . . .”* 😊

- The Student Council of Clinton Elementary School brought dog and cat food, treats, beds and blankets to the Shelter.
- We also received food for our dogs and cats, more toys, leashes, collars and laundry detergent from Lohmann Animal Health in Winslow, Maine.
- The Fairfield Pharmacy had a donation jar in their Pet Pantry. The Pet Pantry went out of business, so the pharmacy donated the proceeds of \$37.00 to Charley's Strays.
- We received a check from Jean and Ralph Catignani in memory of Abbie, who belonged to the Rea family.
- Judy Rohweder sent us a donation in honor of her two grandchildren's birthdays.
- Last but not least: Karen Deady sent us a check in memory of Boomer who she knew personally.

*Thank you very much to all of you!*

The following is an interesting email I received. We make no claims as to its efficacy or side-effects:

Asparagus

When I was in the USN I was stationed in Key West, FL. I worked at the clinic at Naval Air Station on Big Coppitt Key just a few miles north of Key West. The hospital at Key West was for outpatient only for retired armed forces personnel that lived in the area. If you needed to be hospitalized you were sent to Homestead AFB, Florida. I had the day off and just

went inside the hospital (Corpsmen barracks were next to hospital). There was a retired navy man that worked in the lab and he was very interesting gentleman to talk with. He was a retired biochemist from the USN. He asked me what was going on that day and I said I had the day off. I wish I was working as the crew on today was taking a sailor to Homestead as he had a very bad kidney infection.

Now this elderly gent told me the man should have eaten more asparagus and he wouldn't have that problem. I asked why? I'll never forget him saying do you eat asparagus and I said yes, I love them.

He replied you notice how your urine stinks after eating asparagus? I said well I never thought it was what I ate but yes it does have a pungent odor. It is because it is detoxifying your body of harmful chemicals!

This was back in 1986 when I was stationed there and to read this email again I had to share this story - Eat more asparagus my friends.

Asparagus -- Who knew?

My Mom had been taking the full-stalk canned style asparagus, pureed it and took 4 tablespoons in the morning and 4 tablespoons later in the day. She did this for over a month. She is on chemo pills for Stage 3 lung cancer in the pleural area and her cancer cell count went from 386 down to 125 as of this past week. Her oncologist said she will not need to see him for 3 months.

THE ARTICLE: Several years ago I met a man seeking asparagus for a friend who had cancer. He gave me a copy of an article, entitled "Asparagus For Cancer" printed in the Cancer News Journal, December 1979. I will share it here, just as it was shared with me: I am a biochemist, and have specialized in the relation of diet to health for over 50 years.

Several years ago, I learned of the discovery of Richard R. Vensal, D.D.S. that asparagus might cure cancer. Since then, I have worked with him on his project. We have accumulated a number of favorable case histories.

Here are a few examples:

Case No. 1, A man with an almost hopeless case of Hodgkin's disease (cancer of the lymph glands) who was completely incapacitated. Within 1 year of starting the asparagus therapy, his doctors were unable to detect any signs of cancer, and he was back on a schedule of strenuous exercise.

Case No. 2, A successful businessman, 68 years old, suffered from cancer of the bladder for 16 years. After years of medical treatments, including radiation without improvement, he began taking asparagus. Within 3 months, examinations revealed that his bladder tumor had disappeared and that his kidneys were normal.

Case No. 3, On March 5th 1971, a man who had lung cancer was put on the operating table where they found lung cancer so widely spread that it was inoperable. The surgeon sewed him up and declared his case hopeless. On April 5th he heard about the Asparagus therapy and immediately started taking it. By August, x-ray pictures revealed that all signs of the cancer had disappeared. He is now back at his regular business routine.

Case No. 4, A woman had been troubled for a number of years with skin cancer. She developed different skin cancers which were diagnosed by the acting specialist as advanced. Within 3 months after beginning asparagus therapy, the skin specialist said her skin looked fine with no more skin lesions. This woman reported that the asparagus therapy also cured her kidney disease, which had started in 1949. She had over 10 operations for kidney stones, and was receiving government disability payments for an inoperable, terminal,

kidney condition. She attributes the cure of this kidney trouble entirely to the asparagus treatment.

I was not surprised at this result as 'The elements of materia medica', edited in 1854 by a Professor at the University of Pennsylvania, stated that asparagus was used as a popular remedy for kidney stones. He even referred to experiments, in 1739, on the power of asparagus in dissolving stones. Note the dates!

We would have other case histories but the medical establishment has interfered with our obtaining some of the records. I am therefore appealing to readers to spread this good news and help us to gather a large number of case histories that will overwhelm the medical skeptics about this unbelievably simple and natural remedy.

For the treatment, asparagus should be cooked before using. Fresh or canned asparagus can be used. I have corresponded with the two leading canners of asparagus, Giant and Stokely, and I am satisfied that these brands contain no pesticides or preservatives.

Place the cooked asparagus in a blender and liquefy to make a puree. Store in the refrigerator. Give the patient 4 full tablespoons twice daily, morning and evening.

Patients usually show some improvement in 2-4 weeks. It can be diluted with water and used as a cold or hot drink. This suggested dosage is based on present experience, but certainly larger amounts can do no harm and may be needed in some cases.

As a biochemist I am convinced of the old saying that 'what cures can prevent.' Based on this theory, my wife and I have been using asparagus puree as a beverage with our meals. We take 2 tablespoons diluted in water to suit our taste with breakfast and with dinner. I take mine hot and my wife prefers hers cold.

For years we have made it a practice to have blood surveys taken as part of our regular checkups. The last blood survey, taken by a medical doctor who specializes in the nutritional approach to health, showed substantial improvements in all categories over the last one, and we can attribute these improvements to nothing but the asparagus drink.

As a biochemist, I have made an extensive study of all aspects of cancer, and all of the proposed cures. As a result, I am convinced that asparagus fits in better with the latest theories about cancer.

Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth. For that reason, I believe asparagus can be said to contain a substance that I call cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic. In any event, regardless of theory, asparagus used as we suggest, is a harmless substance. The FDA cannot prevent you from using it and it may do you much good. It has been reported by the US National Cancer Institute, that asparagus is the highest tested food containing glutathione, which is considered one of the body's most potent anticarcinogens and antioxidants.

Just a side note: In case you are wondering why this has not been made public, there is no profit in curing cancer.

*Gabriele  
Mary, Ted and Jim*

## CAT REPORT -- JULY 2014

Lucky I don't have a lot to tell you this week, because the computer I use is being replaced and -- naturally -- the process has become more complicated than the techies expected. Consequently, at the moment I have no word program and can't get to the list of coupon donors I'd made in advance. I know P. A. Lenk, Iris Martinello, Irma Simon and Al Smith were on the list, and Pepper Charles again gave our cats canned food. Many thanks to them, and if I've forgotten other people who've helped the cats, my apologies. Of course, all of you who're reading this have my gratitude for helping keep the whole Charley's Strays program afloat.

The cats have been doing better than I in the hot and humid weather we've had. (It probably helps that they can sleep all day instead of running around in the sun buying their own groceries, lucky little guys and gals.) Two have been to the vet: Tiger and Buddy developed sore mouths again. Tiger's finished his medication and Buddy's almost done, and it worked for both of them. I can tell the pain is gone, because after each empties his dish of well-mashed canned food with the antibiotic in it, he helps finish any dry food the other cats left in their dishes.

I hope you-all are having a restful and relaxing summer. One of the weather forecasters said a couple days ago that the end of July is normally the hottest part of the year in the Northeast, so I'm hoping August will be more enjoyable than July has been.