



Charley's Strays, Inc.

P.O. Box 64, Limestone, ME 04750, or Clinton, ME 04927
Tel. Shelter 207-426-9482 or Jim at 207-325-8894
www.charleysstrays.org

Limestone, July 30, 2010

Dear Friends,

Here we are in the middle of summer already, enjoying lots of heat and humidity ☺, sort of . . .

But no complains from me, winter will be here much too soon. In the meantime, lots of work has to be done at the Shelter to get everything ready, again, for the cold days and nights.

Jim spent a week again in Clinton, re-doing four floors in the kennel building. Last year he did one side, this year he started on the other side. I guess after 12 years of heavy use we can't really complain. Two of these runs which house our problem children- the blind Rottweiler who is a wonderful dog, but because of his disability not totally housebroke, and Elli, the yellow lab

who just does not want to be housebroken, had messed up the PVC tiles so bad, that their urine actually soaked through the wooden floor underneath. So the smell was horrible, of course. But now there is a solid Armstrong floor in the runs, and since Jim brought several inches of the floor cover up on the sides it will be almost impossible for anything to leak underneath or through it.

I also spent a few days there because our Rebecca went on vacation, and Jim was too busy with his work to take care of the dogs. But I had to leave early for an important vet appointment with my own dog. So Ted took over, and did all the work for the rest of Reb's time off. Thank you Ted! ☺

Bad news on the horizon: Jim checked out the roofing on the main Kennel building, and it will have to be replaced this year. It's bad enough that he does not dare wait until next year. Jim had built the Kennel in 1993; Charley had bought the shingles for it, but we have the feeling that they were the "el cheapos" which only last 15-20 years. So now they are falling apart, and have to be replaced. This will be putting a big strain on our budget, because since several years we have barely made ends meet, and of course have not been able to put anything away for that "rainy day". So now we will earmark the fundraiser tickets for the new roof.

If you have a couple of extra \$\$ lying around, maybe in that dresser with the socks, please buy an extra ticket or two! Thank you very much! We had hoped to use the fundraiser money for heating oil, but a leaking roof will be definitely much worse than cool temperatures in the building.

And another unexpected expense came up, payable in September: The Tax bill. Part of Charley's Strays qualifies for non-profit, but the Mobile Home for our caretaker at the premises does not. So - \$600 need to be paid to the Town of Benton . . . ☹

Cindy Houston and Jackie Lowney will be holding their annual "fundraiser- yard sale" for us, September 16, at Cindy's home. Now that money will definitely be used for heating oil, no way around that. If you have any small nice items that you don't need and which could bring us a little money, please mail them to Cindy. Here is her address:

Cindy Houston
143 Winn St.
Woburn, MA 01801

Cindy has previously collected small pieces of jewelry, mostly single earrings and such, out of gold, and has taken them to a local jeweler to get some money for us. So anything gold, which you don't wear anymore, may buy a few gallons of fuel. Our animals much appreciate your help in keeping them warm this winter.

We took in another couple of discarded animals this month: Mary a cat, and we ended up with another dog. A vet called us asking for help; an old lady with Alzheimer's could not take care of her 5 year old Boston terrier mix any longer, and the dog was supposed to be euthanized. Since little "Laddie" has a great disposition and gets along well with dogs, cats and all people, the vet's assistant felt it would be a crying shame to kill poor Laddie. Guess what? We could not refuse, either. Laddie really is a nice little dog and he should be easily placed. He weighs probably around 25 pounds and will make a perfect pet to somebody.

There were a few inquiries for our dogs; one couple was very interested in blind Boomer. They had read about him on the website, felt bad about his disposition and only because of that were they interested in possibly adopting him. They already have all kinds of critters. After spending a couple of hours at the shelter, they decided every dog including Boomer looked so happy, that he would be fine being left in our care ☺ and went on their way without him.

Of course having a big fenced in play area, blankets and a bed in their runs, plenty of food, treats and toys and lots of talking to and petting them gives our canines the sense of having a home. But all that could not be accomplished without your help. So, once again, I thank all of you from the bottom of my heart for helping Charley's

Strays, with care packages, stamps, and donations.

Enid Hayes mailed us a check in memory of Cockapoo Jake, beloved companion of "The Birkenheads".

Our supporter Werner Eckstein passed away. His widow asked for donations to be made in lieu of flowers to us or another charitable organization. We are so sorry for your loss, Mary. Thank you for thinking of us at a time like this.

We received a donation in memory of Shiloh, a little beagle who had been a

Charley's Stray many years ago and ended up with his sister at Cindy and Steve Houston, our friends and supporters. Shiloh was fine one day, and died of cancer the next morning on the way to the emergency room. No one had even guessed of him being gravely ill. Thank you Cindy and Steve for giving the little guy many years of a wonderful life!

Thank

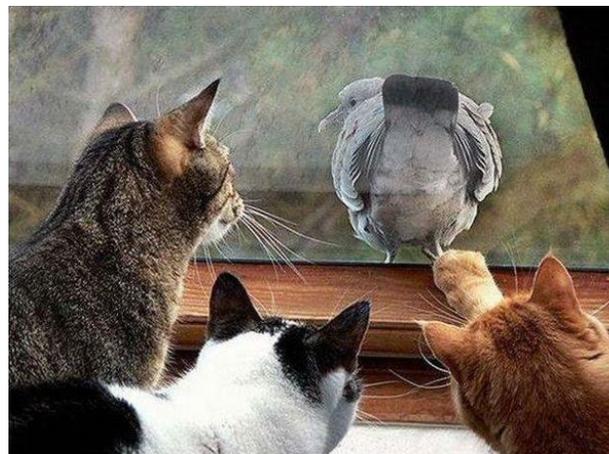


You!

Al & Judy Smith, Belmont
Anthony Capone, Wakefield
Beverly Maheu, China Village
Carole Parker, Winchendon
Cristine Cardello, Melrose
Deborah Brooks
Donna Bering, Lynn
Dorothy D'Alessandro, Oss.
Dorothy Eckstein, Medford
Dorothee Andrews, Warwick
Elizabeth Fay, Northport
Enid Hayes, Halifax
George Hinds, Cambridge
Inge Maiellano, Marblehead
Iris Martinello, Tewksbury
Irma Simon, S. China
Jackie Lowney, New Bedford

Jean Catignani, Braintree
Jean Catignani, Conway
Jean Tillson, Franklin
Jenny Bering, Lynn
Jim Lavita, Dennis
Jo Ford, Holden
Joe D'Alessandro, Tuftonboro
Joan Ryan, New Bedford
Jon & Barb Anderson, Augusta
Joseph Kogut, Upton
Josephine Smith, Woburn
Judy Rohweder, Northport
Kellee Lowney, New Bedford
Linda Merriam, Dresden
Lisa D'Alessandro, Raymond
Lorena & Harry Clark, Beverly
Marcia Smith, Swampscott

Margaret Edwards, Portland
Marian Delarue, Woburn
Marlene Kaplan, Melrose
Mary Klayda, Winchester
Maureen Dowd, Sargentville
Mildred Walker, Presque Isle
Nancy Capone, Wakefield
Pat Thain, Dracut
Paula Wisniowski, Tyngsboro
Phil Mann, Rowland H.
R & G Welch, Stonington
R. D. Bournival, Nashua
R. P. Williams, Winslow
Sandra Nicholson, Beverly
Susan Borsic, Woburn
Susan Culver, Wayland
Willia Rockett, Belmont



Gabriele, Mary, Karen, Betty, Ted and Jim

The following article caught my eye, and I figured I would share it with you. Who knows, it may actually help, and it definitely can't hurt. I remember years ago when I was still living in Germany and my mother was alive, every year in spring when the asparagus were growing, she would do a week "cleaning out her system" by eaten only asparagus. Now I would not get carried away like that, but a spoon full, or two, a day – why not! And we do need healthy and live supporters, without you Charley's Strays could not exist!

Asparagus -- Who Knew?

My Mom had been taking the full stalk canned style asparagus that she pureed and she took four tablespoons in the morning and four tablespoons later in the day. She did this for over a month. She is on chemo pills for Stage 3 lung cancer in the pleural area and her cancer count went from 386 down to 125 as of this past week. Her oncologist said she does not need to see him for three months.

THE ARTICLE:

Several years ago, I had a man seeking asparagus for a friend who had cancer. He gave me a photocopied copy of an article, entitled, Asparagus for cancer 'printed in Cancer News Journal, December 1979. I will share it here, just as it was shared with me: I am a biochemist, and have specialized in the relation of diet to health for over 50 years. Several years ago, I learned of the discovery of Richard R. Vensal, D.D.S. that asparagus might cure cancer. Since then, I have worked with him on his project. We have accumulated a number of favorable case histories. Here are a few examples:

Case No. 1: A man with an almost hopeless case of Hodgkin's disease (cancer of the lymph glands) who was completely incapacitated. Within 1 year of starting asparagus therapy, his doctors were unable to detect any signs of cancer, and he was back on a schedule of strenuous exercise.

Case No. 2: A successful businessman 68 years old who suffered from cancer of the bladder for 16 years. After years of medical treatments, including radiation without improvement, he went on asparagus. Within 3 months, examinations revealed that his bladder tumor had disappeared and that his kidneys were normal.

Case No. 3: A man who had lung cancer. On March 5th 1971, he was put on the operating table where they found lung cancer so widely spread that it was inoperable. The surgeon sewed him up and declared his case hopeless. On April 5th he heard about the Asparagus therapy and immediately started taking it. By August, x-ray revealed that all signs of the cancer had disappeared. He is back at his regular business routine.

Case No. 4: A woman who was troubled for a number of years with skin cancer. She finally developed different skin cancers, which were diagnosed by the acting specialist as advanced. Within 3 months after starting on asparagus, her skin specialist said that her skin looked fine and no more skin lesions. This woman reported that the asparagus therapy also cured her kidney disease, which started in 1949. She had over 10 operations for kidney stones, and was receiving government disability payments for an inoperable, terminal, kidney condition. She attributes the cure of this kidney trouble entirely to the asparagus.

I was not surprised at this result, as 'The elements of material medica', edited in 1854 by a Professor at the University of Pennsylvania, and stated that asparagus was used as a popular remedy for kidney stones. He even referred to experiments, in 1739, on the power of asparagus in dissolving stones. Note the dates! We would have other case histories but the medical establishment has interfered with our obtaining some of the records. I am therefore appealing to readers to spread this good news and help us to gather a large number of case histories that will overwhelm the medical skeptics about this unbelievably simple and natural remedy.

For the treatment, asparagus should be cooked before using, and therefore canned asparagus is just as good as fresh. I have corresponded with the two leading canners of asparagus, Giant and Stokely, and I am satisfied that these brands contain no pesticides or preservatives.

Place the cooked asparagus in a blender and liquefy to make a puree, and store in the refrigerator. Give the patient 4 full tablespoons twice daily, morning and evening. Patients usually show some improvement in from 2-4 weeks. It can be diluted with water and used as a cold or hot drink. This suggested dosage is based on present experience, but certainly larger amounts can do no harm and may be needed in some cases. As a biochemist I am convinced of the old saying that 'what cures can prevent.' Based on this theory, my wife and I have been using asparagus puree as a beverage with our meals. We take 2 tablespoons diluted in water to suit our taste with breakfast and with dinner. I take mine hot and my wife prefers hers cold. For years we have made it a practice to have blood surveys taken as part of our regular checkups. The last blood survey, taken by a medical doctor who specializes in the nutritional approach to health, showed substantial improvements in all categories over the last one, and we can attribute these improvements to nothing but the asparagus drink. As a biochemist, I have made an extensive study of all aspects of cancer, and all of the proposed cures. As a result, I am convinced that asparagus fits in better with the latest theories about cancer.

Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth.. For that reason, I believe asparagus can be said to contain a substance that I call cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic. In any event, regardless of theory, asparagus used as we suggest, is a harmless substance. The FDA cannot prevent you from using it and it may do you much good. It has been reported by the US National Cancer Institute, that asparagus is the highest tested food containing glutathione, which is considered one of the body's most potent anticarcinogens and antioxidants.

So there you have it: Asparagus is the way to go! ☺

And with this insight I will close – but please read on, there is more on the next page: Mary's cat report. Have a wonderful month of August, keep cool, and stay happy and healthy!

CAT REPORT – JULY 2010

Hard to believe the summer is half over already! The cats haven't minded the heat too much – not nearly as much as I have. The two cat rooms that get warmest have window air conditioners, one of my better investments.

Two pieces of news this month, about Christopher and B.W.

Christopher, our senior funny-foot, has pulled his usual summer I-think-I-won't-eat stunt, for the third or fourth year in a row. This time he added throwing up frequently when he did condescend to try whatever special food I tempted him with, so I gave in and took him to the vet. He had the usual tests and got the usual normal results, although this time the doctor said we might be looking at incipient kidney failure (not unexpected now that he's into his teens). As of the day I'm writing this, he's eating normally and keeping his meals down and seems to feel good.

B. W. I haven't met yet, but if all goes as planned he'll join the household in a few days. The common story, his person is moving and can't take her two neutered, declawed adult cats. She found a home for the older one but not for B. W., who's five. She says he likes people, dogs and other cats, so I'm expecting he'll fit in with the group that includes Purina/Meg, Pooh, Lisa and a bunch of others. Supposedly he enjoys sharing his human's bed, as do Pooh, Lisa and Milo (who sprawls on his back with all four paws in the air). A few more like them and this human will have no room to sleep except on the floor. ☺

Many thanks to the usual suspects for coupons: Teresa and Suzanne, Jennie and Donna, Iris, P. A., Irma and Al and Judy. Every time I go through the check-out line and watch the cashier subtract, I feel as though someone just handed me a wad of dollar bills. Teresa actually did, after she cashed in the returnable bottles she and her family collected for Charley's Strays. Karen and the Charles' cat gave our cats food again this month, another welcome gift. And thanks to all of you who support us faithfully – as I've said before, we couldn't do this without you.